

MILLSAP MIDDLE SCHOOL

ALL meals will include choice of milk
Assorted Fresh Fruit and Juice Daily

MEAL PRICING:

Lunch Full Price \$3.35
 Reduced Lunch Price \$.40
 Milk Only \$.75

* This institution is an equal opportunity employer

LUNCH Menu

January-July 2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cheeseburger Hot Dog Potato Wedges Baked Beans Side Salad Lettuce & Tomato Cup/pickle cup Apple sauce	Orange Chicken w/Rice Baked Potato w/Ham Mixed Vegetable veggie cup Side Salad Pineapple Tidbits	Bulldog Bites Spicy Chicken Tenders Wheat Roll Mashed Potatoes Gravy Glazed Carrots Mandarin Orange	Taco Salad Beef & Bean Burrito Roasted Jalapeno Corn Broccoli Cuts Fruit	Pepperoni Pizza Hot Italian Sub w/ chips Lettuce & Tomato Cup green beans Apple Juice
2	BBQ Pork Riblet SW BBQ Chicken SW French Fries Baked Beans Pickle Cup Fresh Fruit	Chicken Sliders* Cheese sticks w/Marinara California mix side salad Pineapple Tidbits	WG Honey Sriracha boneless wings Popcorn Chicken Wheat Roll Mashed potatoes Gravy Mixed Veg. Mandarin Orange	Hot Ham & Cheese Stuffed Baked Potato * Corn Broccoli Apple Sauce	Pepperoni Pizza Baked Potato w/Ham Lettuce.& Tomato cup Baby Carrots Apple Juice
3	Spicy Chicken SW Taco Burger Potato Wedges Baked Beans Lettuce/Tomato Cup Pickle Cup Apple sauce	Mini Corndogs Sweet & Sour Chicken w/Rice & Chow mien noodles Mixed Vegetables Baby Carrots Pineapple tidbits	Salisbury Steak w/brown gravy Chicken Nuggets Wheat Roll Mashed potatoes/Gravy Glazed Carrots Mixed Fruit cup	Chicken Cheese Quesadilla Chicken Gordita * Refried Beans Broccoli Cuts Mandarin Oranges	Pepperoni Pizza Bulldog Sub w/chips Lettuce & Tomato cup Green Beans Apple Juice
4	Hamburger Homestyle Chicken Sandwich French Fries Baked Beans Lettuce & Tomato cup Pickle Cup	Pepperoni Calzone Cajun Chicken SW Mac & Cheese Tri-Veggie Cup Broccoli Cuts Pineapple Tidbits	Chicken Tenders Steak Fingers Wheat Roll Mashed potatoes Gravy Mixed Veg Mixed Fruit	Crispito w/cheese sauce PB&J w/Pretzel Refried Beans/Corn Side Salad Apple Sauce	Pepperoni Pizza Baked Potato w/Ham & Roll Veggie Cup Green Beans Apple Juice

OTHER DAILY SELECTIONS:

Extra Entree
\$2.10

SNACKS
We offer a variety of a la carte snack items in our cafeteria

* New menu Item for spring

*Chicken Sliders- cooked chicken breast portions, tomato, lettuce served on slider bun

* **Chicken Gordita**- Chicken fajita strips, lettuce, tomato, cheddar/jack cheese, wrapped in flat bread taco

* **Stuffed Baked Potato**- Baked potato, cooked broccoli, cheese sauce served with Whole grain roll

January 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

■ Week 1 Meal Plan ■ Week 2 Meal Plan ■ Week 3 Meal Plan ■ Week 4 Meal Plan

No color denotes, no students

*Menu subject to change without notice